



Consulate General of the Republic of the Philippines

NEW YORK

PRESS RELEASE

PR –KOT-004-2018

29 March 2018

New York Consulate Caps Women’s Month with Wellness Session



Women of the Filipino-American community in New York and New Jersey availed of the Zumba wellness class hosted by the Philippine Consulate General last 27 March at the Philippine Center (PCGNY Photo)

29 March 2018, New York – The Philippine Consulate General in New York invited women from the Filipino Community to take part in a Wellness Session featuring Zumba routines led by instructor Shiran Ybañez on 27 March 2018 at the Philippine Center in New York. The activity capped the month-long commemoration of Women’s Month by the Philippine Consulate General.

The event aimed to promote awareness of women’s health and more sustainable lifestyles. Acknowledging the multi-faceted tasks undertaken by women in the Filipino-American Community, the Consulate General aims to do its part in promoting greater health and wellness awareness.

Consul General Theresa Dizon-De Vega welcomed Mr. Ybañez and participants from the Filipino Community. Officers and staff of the Philippine Consulate General and the Philippine Mission to the United Nations likewise took part in the Wellness session. END

For more information, visit www.newyorkpcg.org and www.facebook.com/PHConsulateNY



Consul General Dizon-De Vega with Mr. Shiran Ybañez



Mr. Ybañez leads the participants through several Zumba routines (All photos by PCGNY)

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